



SECTION A: GENERAL STUDY INFORMATION FOR OFFICE USE ONLY

A1. Study ID#: LABEL

A2. Visit # Baseline..... VBAS

A3. Date Form Completed: ___/___/___
Month Day Year

A4. Study Staff Initials: _____

A5. Mode: Self-Administered 1
Interviewer-Administered..... 2

A6. Which version of these measures was used? English 1
Spanish 2

A7. Is this a repeat abstraction due to expired measures? Yes..... 1
No..... 2

A8. Date Patient Completed MESA and PGI-S ___/___/___
Month Day Year

SECTION B: MESA PART I

PART I: STRESS SYMPTOMS	Never	Rarely	Sometimes	Often
B1. Does coughing gently cause you to lose urine?	0	1	2	3
B2. Does coughing hard cause you to lose urine?	0	1	2	3
B3. Does sneezing cause you to lose urine?	0	1	2	3
B4. Does lifting things cause you to lose urine?	0	1	2	3
B5. Does bending cause you to lose urine?	0	1	2	3
B6. Does laughing cause you to lose urine?	0	1	2	3
B7. Does walking briskly or jogging cause you to lose urine?	0	1	2	3
B8. Does straining, if you are constipated, cause you to lose urine?	0	1	2	3
B9. Does getting up from a sitting to a standing position cause you to lose urine?	0	1	2	3
COLUMN TOTALS AND GRAND TOTAL				

B10. **MESA STRESS SYMPTOMS SCORE** (Grand total of column scores B1-B9) _____ /27

B11. **MESA STRESS INDEX** (Use table below) _____ %

STRESS SYMPTOMS INDEX TABLE

1/27 = 4%	5/27 = 19%	9/27 = 33%	13/27 = 48%	17/27 = 63%	21/27 = 78%	25/27 = 93%
2/27 = 7%	6/27 = 22%	10/27 = 37%	14/27 = 52%	18/27 = 67%	22/27 = 81%	26/27 = 96%
3/27 = 11%	7/27 = 26%	11/27 = 41%	15/27 = 56%	19/27 = 70%	23/27 = 85%	27/27 = 100%
4/27 = 15%	8/27 = 30%	12/27 = 44%	16/27 = 59%	20/27 = 74%	24/27 = 89%	

SECTION C: MESA Part II

PART II: URGE SYMPTOMS	Never	Rarely	Sometimes	Often
C1. Some women receive very little warning and suddenly find that they are losing, or are about to lose urine beyond their control. How often does this happen to you?	0	1	2	3
C2. If you can't find a toilet or find that the toilet is occupied, and you have an urge to urinate, how often do you end up losing urine or wetting yourself?	0	1	2	3
C3. Do you lose urine when you suddenly have the feeling that your bladder is very full?	0	1	2	3
C4. Does washing your hands cause you to lose urine?	0	1	2	3
C5. Does cold weather cause you to lose urine?	0	1	2	3
C6. Does drinking cold beverages cause you to lose urine?	0	1	2	3
COLUMN TOTALS AND GRAND TOTAL				

C7. MESA URGE SYMPTOMS SCORE (Grand total of column scores C1-C6)	___ /18
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C8. MESA URGE INDEX (Use table below)	___ %
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C9. Is the MESA stress index > the MESA urge index?	Yes..... 1
	No..... 2 → INELIGIBLE

URGE SYMPTOMS INDEX LOOK-UP TABLE				
1/18 = 6%	5/18 = 28%	9/18 = 50%	13/18 = 72%	17/18 = 94%
2/18 = 11%	6/18 = 33%	10/18 = 56%	14/18 = 78%	18/18 = 100%
3/18 = 17%	7/18 = 39%	11/18 = 61%	15/18 = 83%	
4/18 = 22%	8/18 = 44%	12/18 = 67%	16/18 = 89%	

Section D: PGI-S

	Normal	Mild	Moderate	Severe
D1. Circle the one number that best describes how your urinary tract condition is now.	1	2	3	4

REMINDER: ELIGIBILITY CRITERIA PER MESA AS BELOW

- **MESA:** Stress predominant UI as evidenced by report of stress and urge symptoms (percent of stress-type symptoms > percent of urge-type symptoms).